What is claimed is:

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A chiral nematic liquid crystal composition comprising:
 at least one optically active compound represented by general formula (I-a):

$$R^{1}-A^{1}-Z^{1}$$
 COO
 $*$
 $(I-a)$

5 wherein * indicates a position of an asymmetric carbon atom;

R1 represents an alkyl group having 1 to 10 carbon atoms, an alkenyl group having 2 to 10 carbon atoms, a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, a cyano group, or an isothiocyanate group, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, cyano group, methyl group or trifluoromethyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly; A¹ represents a 1,4-phenylene group, 1,4-cyclohexylene group, 1,4-cyclohexenylene group, tetrahydropyran-2,5-diyl group, 1,3-dioxane-2,5-diyl group, tetrahydrothiopyran-2,5-diyl group, 1,4-bicyclo[2,2,2]octylene group, decahydronapthalene-2,6-diyl group, pyridine-2,5-diyl group, pyrimidine-2,5-diyl group, pyrazine-2,5-diyl group, 1,2,3,4-tetrahydronaphthalene-2,6-diyl group, 2,6-naphthylene phenanthrene-2,7-diyl group, 9,10-dihydrophenanthrene-2,7-diyl 1,2,3,4,4a,9,10a-octahydrophenanthrene-2,7-diyl group, or fluorene-2,7-diyl group, and said 1,4-phenylene group, 1,2,3,4-tetrahydronaphthalene-2,6-diyl group, 2,6-naphthylene group, phenanthrene-2,7-diyl group, 9,10-dihydrophenanthrene-2,7-diyl 1,2,3,4,4a,9,10a-octahydrophenanthrene-2,7-diyl group, or fluorene-2,7-diyl group is either unsubstituted or is substituted with at least one fluorine atom, chlorine atom,

trifluoromethyl group, trifluoromethoxy group, or methyl group;

 Z^1 represents a single bond, or -CO-, -COO-, -CH=N-, -N=CH-, -C=C-, -CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂O-, -OCH₂-, -CF₂O-, -OCF₂-, -CH=N-N=CH-, -CF=CF-, -CH=CH-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, or -CH₂CH=CHCH₂-; and

Y¹ represents a hydrogen atom, an alkyl group having 1 to 10 carbon atoms, an alkenyl group having 2 to 10 carbon atoms, a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, a cyano group, or an isothiocyanate group, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, cyano group, methyl group or trifluoromethyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO-groups, or with oxygen atoms or -COO- groups provided oxygen atoms are not bonded together directly, and

at least one optically active compound represented by general formula (II-a):

$$R^2 - \left(P^1 - L^1 - \frac{1}{S}P^2 - L^2 - P^3 - R^3\right)$$
 (II-a)

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wherein R² and R³ each independently represent a hydrogen atom, a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, a cyano group, a phenyl group, an alkyl group having 1 to 10 carbon atoms, or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, cyano group, methyl group or trifluoromethyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly;

The meaning of each of P^1 and P^2 independently is the same as that of said group A^1 in

general formula (I-a);

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The meaning of P³ is the same as that of said group A¹ in general formula (I-a), or P³ represents a 1,3-phenylene group, and said 1,3-phenylene group is either unsubstituted or is substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group, trifluoromethoxy group, or methyl group;

L¹ and L² each independently represent a single bond, or -CO-, -COO-, -CEC-, -CH₂CH₂-, -CH₂CH₂-, -CH₂CH₂-, -CH₂CH₂-, -CH₂COO-, -CH₂OCO-, -CH₂O-, -OCH₂-, -CF₂O-, -OCF₂-, -CH=N-N=CH-, -CF=CF-, -CH=CH-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, -CH₂CH=CHCH₂-, or -COOCH₂CH₂OCO-, and a hydrogen atom of a C-H linkage in -CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂COO-, -CH₂OCO-, -CH₂OCO-, -CH₂OCO-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, or -COOCH₂CH₂OCO- may be substituted with an alkyl group having 1 to 5 carbon atoms in which at least one hydrogen atom in said alkyl group may be substituted with a fluorine atom, or a phenyl group; and

s represents 0, 1, or 2, and in a case in which s=2, a plurality of P¹ and L¹ groups represent either identical groups or different groups, although at least one of R², R³, L¹ and L² must be an optically active group, with an identical helical twisting direction to said compound represented by general formula (I-a), a helical twisting power; HTP in 1/μm, as represented by a formula shown below,

$HTP = 1/(P \times 0.01C)$

wherein C represents an amount of added optically active compound in weight %, and P represents a natural pitch in μ m of at least 3, and a natural pitch which is induced upon addition to a nematic liquid crystal increases with increasing temperature.

2. A chiral nematic liquid crystal composition according to claim 1, wherein in general formula (I-a):

R¹ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, trifluoromethyl group, or methyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly,

A¹ represents a 1,4-phenylene group or a 1,4-cyclohexylene group,

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10 Z^1 represents a single bond, or -COO-, -OCO-, -C=C-, or -CH₂CH₂-, and

Y¹ represents a hydrogen atom, a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, an alkyl group having 1 to 3 carbon atoms, or an alkenyl group having 2 to 3 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly.

A chiral nematic liquid crystal composition according to claim 1, comprising at least one compound selected from a group consisting of compound represented by
 general formula (II-1), general formula (II-2) and general formula (II-3):

$$NC \longrightarrow R^5$$
 (II-1)

$$R^6$$
—COO—COO— R^7 (II-2)

$$R^8-A^2-Z^2$$
 $*$
(II-3)

wherein R⁵ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group or methyl group, at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly, and said alkyl group or said alkenyl group has at least one asymmetric carbon atom;

R⁶ and R⁷ each independently represent a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, a cyano group, an alkyl group having 1 to 10 carbon atoms, or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group or methyl group, at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly, and at least one of R⁶ and R⁷ contains at least one asymmetric carbon atom;

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R⁸ represents a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, a cyano group, an alkyl group having 1 to 10 carbon atoms, or an alkenyl group having 2 to 10

^{*} represents a position of an asymmetric carbon atom;

carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group or methyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly:

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 Z^2 represents a single bond, or -CO-, -COO-, -CCO-, -CH=N, -N=CH-, -C=C-, -CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂O-, -OCH₂-, -CF₂O-, -OCF₂-, -CH=N-N=CH-, -CF=CF-, -CH=CH-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, or -CH₂CH=CHCH₂-;

A² represents a 1,4-phenylene group, 1,4-cyclohexylene group, 1,4-cyclohexenylene 10 group, tetrahydropyran-2,5-diyl group, 1,3-dioxane-2,5-diyl group, tetrahydrothiopyran-2,5-diyl group, 1,4-bicyclo[2,2,2]octylene group, decahydronapthalene-2,6-diyl group, pyridine-2,5-diyl group, pyrimidine-2,5-diyl group, pyrazine-2,5-diyl group, 1,2,3,4-tetrahydronaphthalene-2,6-diyl group, 2,6-naphthylene 15 group, phenanthrene-2,7-diyl group, 9,10-dihydrophenanthrene-2,7-diyl 1,2,3,4,4a,9,10a-octahydrophenanthrene-2,7-diyl group, or fluorene-2,7-diyl group, and said 1,4-phenylene group, 1,2,3,4-tetrahydronaphthalene-2,6-diyl group, 2,6-naphthylene group, phenanthrene-2,7-diyl 9,10-dihydrophenanthrene-2,7-diyl group, 1,2,3,4,4a,9,10a-octahydrophenanthrene-2,7-diyl group, or fluorene-2,7-diyl group is either unsubstituted or is substituted with at least one fluorine atom, chlorine atom, 20 trifluoromethyl group, trifluoromethoxy group, or methyl group; and

Y² represents a hydrogen atom, an alkyl group having 1 to 3 carbon atoms, an alkenyl group having 2 to 3 carbon atoms, a fluorine atom, a chlorine atom, a bromine atom, or an iodine atom, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group, cyano

group or methyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO-group, provided oxygen atoms are not bonded together directly.

5 4. A chiral nematic liquid crystal composition according to claim 3, wherein in general formula (I-a):

R¹ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to

10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or

substituted with at least one fluorine atom, trifluoromethyl group, or methyl group, and at

least one methylene group within said alkyl group or said alkenyl group may be

substituted with either -CO- group, or with oxygen atom or -COO- group, provided

oxygen atoms are not bonded together directly,

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A¹ represents a 1,4-phenylene group or a 1,4-cyclohexylene group,

 Z^1 represents a single bond, or -COO-, -OCO-, -C \equiv C-, or -CH₂CH₂-, and

15 Y¹ represents a hydrogen atom, a fluorine atom, a chlorine atom, a bromine atom, an iodine atom, an alkyl group having 1 to 3 carbon atoms, or an alkenyl group having 2 to

3 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or

substituted with at least one fluorine atom, and at least one methylene group within said

alkyl group or said alkenyl group may be substituted with either -CO- group, or with

oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly.

5. A chiral nematic liquid crystal composition according to claim 1, comprising at least one compound represented by general formula (IV):

$$R^{11} = A^5 = Z^5 - A^4 - Z^4$$

$$X^6$$
(IV)

wherein R¹¹ represents an alkyl group having 1 to 10 carbon atoms, or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group, cyano group or methyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly;

Z⁴ and Z⁵ each independently represent a single bond, or -CO-, -COO-, -OCO-, -CH=N-, -N=CH-, -C≡C-, -CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂O-, -OCH₂-, -CF₂O-, -OCF₂-, -CH=N-N=CH-, -CF=CF-, -CH=CH-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, or -CH₂CH=CHCH₂-;

A⁴ and A⁵ each independently represent a 1,4-phenylene group, a 1,4-cyclohexylene group or a pyrimidine-2,5-diyl group, and said 1,4-phenylene group is either unsubstituted or is substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group, trifluoromethoxy group or methyl group;

 X^5 and X^6 each independently represent a hydrogen atom, a fluorine atom or a chlorine atom; and

n represents either 0 or 1.

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6. A chiral nematic liquid crystal composition according to claim 1, comprising at least one compound selected from a group consisting of compounds represented by

general formula (III) and general formula (V):

wherein R⁹, R¹⁰, R¹² and R¹³ each independently represent an alkyl group having 1 to 10 carbon atoms, or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group or methyl group, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly;

10 Z^3 represents a single bond, or -CO-, -COO-, -CCO-, -CH=N-, -N=CH-, -C=C-, -CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂CH₂CH₂-, -CH₂O-, -OCH₂-, -CF₂O-, -OCF₂-, -CH=N-N=CH-, -CF=CF-, -CH=CH-, -CH₂CH₂CH=CH-, -CH=CHCH₂CH₂-, or -CH₂CH=CHCH₂-;

A³ represents a 1,4-phenylene group or a 1,4-cyclohexylene group, and said 1,4-phenylene group is either unsubstituted or is substituted with at least one fluorine atom, chlorine atom, trifluoromethyl group, trifluoromethoxy group or methyl group; X¹, X², X³ and X⁴ each independently represent a hydrogen atom, a fluorine atom, a chlorine atom or a methyl group; and

m represents either 0 or 1.

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- 7. A chiral nematic liquid crystal composition according to claim 2, wherein a compound represented by general formula (I-a) comprises 3 to 20% by weight, and a group of compounds represented by general formula (II-1), general formula (II-2) and general formula (II-3) comprises 3 to 30% by weight, and a natural pitch at 25°C is within a range from 0.1 to 3 μ m.
- 8. A chiral nematic liquid crystal composition according to claim 5, wherein a compound represented by general formula (I-a) comprises 3 to 20% by weight, a group of compounds represented by general formula (II-1), general formula (II-2) and general formula (II-3) comprises 3 to 30% by weight, and a compound represented by general formula (IV) comprises 0 to 65% by weight, and a natural pitch at 25°C is within a range from 0.1 to 3 μ m.
- 9. A chiral nematic liquid crystal composition according to claim 6, wherein a compound represented by general formula (I-a) comprises 3 to 20% by weight, a group of compounds represented by general formula (II-1), general formula (II-2) and general formula (II-3) comprises 3 to 30% by weight, and a group of compounds represented by general formula (III) and general formula (V) comprises 5 to 60% by weight, and a natural pitch at 25°C is within a range from 0.1 to 3 µm.

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10. A chiral nematic liquid crystal composition according to claim 1 comprising: from 5 to 15% by weight of at least one optically active compound represented by general formula (I-b):

$$R^{30}-A^{10}$$
 COO
 $*$
 Y^{10}
 Y^{10}

wherein R³⁰ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted at least one fluorine atom, trifluoromethyl group, or methyl, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly;

* represents a position of an asymmetric carbon atom;

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A¹⁰ represents a 1,4-phenylene group or a 1,4-cyclohexylene group; and

10 Y¹⁰ represents a hydrogen atom, a trifluoromethyl group, a trifluoromethoxy group, a methoxy group, or a methyl group,

from 3 to 15% by weight of at least one compound selected from a group consisting of optically active compound represented by general formula (II-d) and general formula (II-e):

$$NC$$
 R^{31} (II-d)

$$R^{32}$$
 COO-COO- R^{33} (II-e)

(wherein R³¹, R³² and R³³ each independently represent an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, said alkyl group or said alkenyl group being either unsubstituted or substituted with at least one fluorine atom, trifluoromethyl group, or methyl group, although R³¹ and R³³ must have at least one asymmetric carbon atom, and at least one methylene group within said alkyl group or

said alkenyl group may be substituted with either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly, with an identical helical twisting direction to said compound represented by general formula (I-b), and for which a natural pitch that is induced upon addition to a nematic liquid crystal increases with rising temperature, and

from 20 to 50% by weight of at least one compound represented by general formula (IV-b):

$$R^{14}$$
 A^{7} A^{8} Z^{6} X^{15} X^{15} X^{16} X^{16}

wherein R¹⁴ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group

10 having 2 to 10 carbon atoms, and at least one methylene group within said alkyl group or

said alkenyl group may be substituted with oxygen atoms, provided oxygen atoms are not
bonded together directly;

A⁷ and A⁸ each independently represents a 1,4-phenylene group, a 1,4-cyclohexylene group or a pyrimidine-2,5-diyl group, and said 1,4-phenylene group is either unsubstituted or is substituted with at least one fluorine atom or chlorine atom;

Z⁶ represents a single bond, -COO- or -CH₂CH₂-;

 X^{15} and X^{16} each independently represent a hydrogen atom, a fluorine atom, or a chlorine atom; and

t represents either 0 or 1, although if t=0 then Z⁶ represents a single bond.

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11. A chiral nematic liquid crystal composition according to claim 10, comprising a compound represented by general formula (IV-a):

$$R^{34}-A^{11}$$
 CN (IV-a)

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wherein R³⁴ represents an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with oxygen atoms, provided oxygen atoms are not bonded together directly;

A¹¹ represents a 1,4-phenylene group, a 1,4-cyclohexylene group or a pyrimidine-2,5-diyl group, and said 1,4-phenylene group is either unsubstituted or is substituted with at least one fluorine atom or chlorine atom; and

 X^{31} and X^{32} each independently represent a hydrogen atom, a fluorine atom, or a chlorine atom.

12. A chiral nematic liquid crystal composition according to claim 11, comprising at least one compound selected from a group consisting of compounds represented by general formula (III-a) and general formula (V-a):

$$R^{35} - A^{12} - Z^{30} - C = C - R^{36}$$

$$R^{37} - R^{38}$$

$$N-N - R^{38}$$

$$(V-a)$$

wherein R³⁵, R³⁶, R³⁷ and R³⁸ each independently represent an alkyl group having 1 to 10 carbon atoms or an alkenyl group having 2 to 10 carbon atoms, and at least one methylene group within said alkyl group or said alkenyl group may be substituted with

either -CO- group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly;

Z³⁰ represents a single bond, or -CO-, -COO-, -OCO- or -CH₂CH₂-;

A¹² represents a 1,4-phenylene group or a 1,4-cyclohexylene group, and said 1,4-phenylene group is either unsubstituted or is substituted with at least one fluorine

atom, chlorine atom or methyl group;

 X^{33} , X^{34} , X^{35} and X^{36} each independently represent a hydrogen atom, a fluorine atom, a chlorine atom or a methyl group; and

p represents either 0 or 1.

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13. A chiral nematic liquid crystal composition according to claim 12, wherein in general formula (II-d) and general formula (II-e), R³¹ and R³³ are each represented, independently, by general formula (II-f):

$$R^{39}$$
— $CH-M^{1}$ — (II-f)

- wherein * represents a position of an asymmetric carbon atom; R³⁹ represents an alkyl group having 1 to 6 carbon atoms or an alkenyl group having 2 to 6 carbon atoms; M¹ represents a single bond or an alkylene group having 1 to 3 carbon atoms, and at least one methylene group within said alkylene group may be substituted with either -CO-group, or with oxygen atom or -COO- group, provided oxygen atoms are not bonded together directly.
 - 14. A chiral nematic liquid crystal composition according to claim 12, wherein in general formula (I-b), R³⁰ represents an alkenyloxy group having 2 to 6 carbon atoms, and A¹⁰ represents a 1,4-phenylene group.

15. A chiral nematic liquid crystal composition according to claim 12, wherein the combined total amount of compounds represented by general formula (IV-a), general formula (III-a) and general formula (V-a) comprises 50 to 80% by weight of the composition.

- 16. A chiral nematic liquid crystal composition according to claim 12, wherein in general formula (III-a), a proportion of compounds in which said group R³⁴ represents either an alkyl group having 2 to 3 carbon atoms or an alkenyl group having 2 to 3 carbon atoms comprises at least 70% by weight of all compounds represented by general formula (III-a).
- 17. A chiral nematic liquid crystal composition according to claim 1, wherein a natural pitch at 25°C is within a range from 0.1 to 3 μm, and a parameter ΔW₀₋₅₀ is no
 15 more than 0.05, the parameter ΔW₀₋₅₀ being defined by the formula below, and represents temperature dependency of wavelength selective reflection:

$$\Delta W_{0-50} = \left| \frac{2(\lambda_{50} - \lambda_{0})}{\lambda_{50} + \lambda_{0}} \times \frac{100}{50} \right|$$

wherein λ_0 represents a wavelength selective reflection in nm at 0°C, and λ_{50} represents a wavelength selective reflection in nm at 50°C.

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18. A bistable liquid crystal display element, which uses a chiral nematic liquid crystal composition according to claim 1.